



## Curriculum vitae



### Personal Information

**NAME/ SURNAME** Elena Bertozzi  
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**NATIONALITY/ PLACE OF BIRTH** Italy/ Parma  
**DATE OF BIRTH** 01.05.1987  
**SEX** Female

**DESIRED EMPLOYMENT** Physiotherapist specialized in pelvic rehabilitation

### WORK EXPERIENCE

**DATES** 2010- Present  
**POSITION** Physiotherapist spec. in Pelvic Rehabilitation  
**MAIN ACTIVITIES AND RESPONSIBILITIES** Treatment of female patients, men and children with pelvic diseases  
**NAME AND ADDRESS OF EMPLOYER** Various private center  
 Physiotherapist in self employment  
**TYPE OF BUSINESS OR SECTOR**

**DATES** November 2016- Present  
**POSITION** Owner and founder of the Sirio outpatient clinic, and Physiotherapist.  
**MAIN ACTIVITIES AND RESPONSIBILITIES** Personnel manager, physiotherapy department management.  
**NAME AND ADDRESS OF EMPLOYER** "Poliambulatorio e Riabilitazione Sirio"  
**TYPE OF BUSINESS OR SECTOR** Holder of Sirio and physiotherapist spec. in Pelvic diseases.

**DATES** September 2017- present  
**POSITION** University Professor  
**MAIN ACTIVITIES AND RESPONSIBILITIES** Professor at the University of Parma, degree course in Physiotherapy. Pelvic and visceral rehabilitation matter.  
**NAME AND ADDRESS OF EMPLOYER** University of Parma. Professor  
**TYPE OF BUSINESS OR SECTOR**



## Curriculum vitae

**DATES** November 2017- Present  
**POSITION** Science adviser  
**MAIN ACTIVITIES AND RESPONSIBILITIES** Collection of scientific data, drafting of scientific articles and creation treatment protocols.  
**NAME AND ADDRESS OF EMPLOYER** Novaclinical S.r.l  
**TYPE OF BUSINESS OR SECTOR** Advice about pelvic rehabilitation  
**TYPE OF BUSINESS OR SECTOR**

**DATES** 2019  
**POSITION** Science adviser  
**MAIN ACTIVITIES AND RESPONSIBILITIES** Development of devices for the treatment of pelvic diseases  
**NAME AND ADDRESS OF EMPLOYER** Sapimed S.r.l  
**TYPE OF BUSINESS OR SECTOR**

### EDUCATION AND TRAINING

**DIPLOMA DATE** 2001-July 2006  
**TYPE OF DIPLOMA** Scientific pedagogical diploma  
**SCHOOL** High school Canossa Fidenza  
**VOTE** 85\100

**UNIVERSITY DIPLOMA DATE** 2010 november  
**TYPE OF DEGREE** Degree in Physiotherapy  
**UNIVERSITY** University of Piemonte Orientale Amedeo Avogadro  
**VOTE** 109\110

**DIPLOMA DATE** 2014-2015  
**TYPE OF DIPLOMA** Osteopathic Manual Therapy and Posturology  
**SCHOOL** Osteopomarici Rome

**SPECIALIZATION** Pelvic Floor Rehabilitation and visceral manual therapy

## Skills and competences

2012- present

### **spec. in pelvic rehabilitation.**

Accredited private courses (ECM)

Training internships in the hospital.

- Neuromuscular taping
- Pilates postural
- Visceral manual therapy, Barrel Institute
- Osteopathic Manual therapy and Posturology

In recent years I have been working in particular on Pelvic rehabilitation. I am active in scientific research in search of new strategies. I know all the techniques and machinery that can be used (manual therapy, Biofeedback, Electrical stimulation, Tens, tibial stimulation, Radiofrequenza pelvic, electroporation, hypopressive technique). I really like teaching to the students or colleagues. I'm part of the expert team for different associations ( VIVA for vulvodinia patients, LISCREA for lichen vulvar patients, DIASTASI ADDOMINALE ITALIA for diastase patients, LA VALIGIA ROSSA sexual disturbs.

## **PUBLICATIONS**

- " Proposed rehabilitation protocol for vulvar lichen after reconstructive surgery with PRP and Lipofilling" . Elena Bertozzi- Pelvipereology Jun 2019.
- " Effectiveness of radio frequency and electroporation associated with behavioral training for the treatment of male posterior pelvic floor hypertonic". Elena Bertozzi-Pelvipereology Jun 2019.
- "Clinical approach in disorders of the internal genitalia of menopausal patients: radio frequency and elettroporations in associations with very low molecular weight hyaluronic acid." Elena Bertozzi- Pelvipereology Jun 2019.

- "Low- molecular weight hyaluronic acid for the treatment of vulvovaginal atrophy: an innovative clinical practice". M. Prestia, E. Bertozzi. IJMDAT 2020; 3: e260.

**LANGUAGE**  
**OTHER LANGUAGES**

Italian  
English  
Spanish

**SOCIAL SKILLS AND**  
**COMPETENCES**

Excellent interpersonal skills, suitable for teaching.  
Sociable and cheerful.

**ORGANIZATIONAL SKILLS AND**  
**COMPETENCES**

Excellent organizational skills, work organization,  
student organization and writing articles.

**COMPUTER SKILLS AND**  
**COMPETENCES**

Good use of all Word and Mc computer programs.

**ADDITIONAL INFORMATION**

Co-founder of the "Poliambulatorio Riabilitazione Sirio",  
a clinic specializing in pelvic rehabilitation and woman  
care. Patient issues are addressed by a multidisciplinary  
team.

Creator of prototype for the treatment of pelvic  
disorders.

Creator of protocol for treatment of Lichen vulvar.